

<b>DATE</b>	5 April 2017		<b>VENUE</b>	2B Weir Place Bateman	
<b>SUBJECT</b>	Committee Meeting		<b>ATTENDEES:</b> C. Booth, E. Hart, E. Turton, F. Halma, N. Greenwell, K. Alexander, Kaye & Terence Pestana, K. Adamson, D. Ruggerio <b>APOLOGIES:</b> H. Mitchelmore, R. Cook, A. Robinson		
<b>FROM</b>	Elizabeth Turton				
<b>MEETING No.</b>	20170405				
<b>START TIME</b>	7.05pm	<b>FINISH TIME</b>	9.05pm		
No.	Item				Action
1	<b>Welcome</b>				
	Chris welcomed everyone to the meeting, apologies were recorded				
2	<b>Matters arising from previous minutes</b>				
	Previous Minutes 20170125 were accepted and signed by Chris.				
	(a)	Permanent notice board suggestion – the Troy Park Association has agreed to allow a notice board to be installed on the rear wall. This will be completed when Julie returns from holiday			Julie
	(b)	Possible guest speaker – Eva will approach Jacquie Herron from Health 520 to identify whether she is interested in conducting a talk at Troy Park			Eva
	(c)	First Aid Session – Ken would like to do a 5-10 minute tutorial after the Saturday session and would like Elizth to notify Ros to send out a message to all members			Eliz / Ken
	(d)	Robin Hood Project – Elizth advised that further investigation into the project meant a great deal of commitment from all members and even then there was no guarantee that the club would be successful in obtaining funding for a bike rack. Will not proceed.			
	(e)	New Web Page – Elizth said this is progressing really well and there is now a dedicated page for ‘Travel’ with Y Striders. All members have now been registered (about 25 were manually entered by Bill), so now Bill can proceed with his plan to have each person enter and manage their own kms, and to view their own statistics.			
	(f)	Funding for the Club – Terry has spoken to Ben Morton (member for Tangney) regarding community grants funding. Ben would like to meet with Y Striders to see what goes on at the Club so Terry will arrange a time and day to do this.			Terry
	(g)	Elizth advised that she is now a signatory for the Bankwest account and this is working well with Julie still doing wages and payments while away on holidays. Chris B is the third signatory			
	(h)	Elizth advised that a minor change has been completed to the Member Application Form regarding approval to use a person’s photo for promotion of the club. Replacement copies are now at the Club.			
3	<b>Correspondence in and out</b>				
	<b>26 January 2017 – 5 April 2017</b>				
	<b>OUT</b>				
	1. Letter to Athletics WA – requesting clarification on insurance cover				
	2. Emails to the East Fremantle / Cockburn / Canning / South Perth – requesting Y Striders links on their web pages. East Fremantle Council agreed and Y Striders detail is now on their Community web page. The response from the other councils was they don’t				

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	<p>provide links for organisations outside of their own boundaries. I also sent a request to update the Y Strider detail on the Melville City web page</p> <ol style="list-style-type: none"> <li>3. Email to organisers of the Weetbix TRYathlon – declining Y Striders participation due to heavy social activities on the same weekend</li> <li>4. Email to the Troy Park Association – complaining of rubbish being left by another club using the oval</li> <li>5. Email to the City of Melville Recreation Development Officer requesting the possible installation of a bike rack at Troy Park</li> <li>6. Welcome letter to new member Kelly Thomas (since declined)</li> <li>7. Thank you letter for Dr Gebauer for replenishing our first aid kit</li> </ol> <p><b>IN</b></p> <ol style="list-style-type: none"> <li>1. Email response from Athletics WA re insurance cover “the certificate of currency is for the Club only but each member is covered for personal accident – this achieved by them joining the AWA, paying the fee and having their details recorded.”</li> <li>2. Email response from Melville City to say they have updated their web information</li> <li>3. Email response from East Fremantle Council to say they have added Y Striders to their community web page</li> <li>4. Email request from Weetbix TRYathlon for Y Striders volunteers to help out at the event on 9 April</li> <li>5. Email response from Troy Park Association re rubbish on oval – they have discussed the issue with the Cricket Association</li> <li>6. Email response from City of Melville – they are looking into the possibility of installing a bike rack at Troy Park</li> <li>7. Email request for an affiliate program with Running Divas – an organisation that promotes running and training programmes particularly for women, plus online communication to share their stories.</li> </ol>	
<b>4</b>	<b>President’s Report</b>	
	<p><b>Tasmania</b> - Graeme has done a great job once again. Chris is yet to catch up with him since his return</p> <p><b>Helen</b> – is concerned that the club might be distracted by other activities outside of the usual scheduled activities. The Bridges Fun Run is an annually scheduled activity which is actively promoted by the club, however this year a number of people participated in the Melanoma Walk instead and only 5 took part in the Bridges. All agreed that scheduling two major events on the same day was an unfortunate circumstance. After some discussion it was decided that if this situation ever arises again then the Club’s usual annual event (i.e. Bridges Fun Run) shall take precedence on the Club calendar and in the Club’s promotion</p>	
<b>5</b>	<b>Financial Report</b>	
	Due to Julie’s absence, there was no Financial Report to present	
<b>6</b>	<b>Club Captain’s Report</b>	
	Eva said 5 people did the Bridges Fun Run. She said the Mother’s Day Classic is on 14 May and the HBF Run For a Reason is on 28 May. The 8 week training program is already up on the board and she and the trainers are encouraging people to take part.	
<b>7</b>	<b>Trainer Liaison Report</b>	
	Nola said that it has been difficult finding replacements recently but is very pleased that the Session Coordinators have willingly stepped in to fill the trainer’s role. It was decided that as Ben has indicated that the end of May could be a possible termination date for him, now was the time to actively start looking for a replacement trainer. Nola said Iris’ granddaughter may be suitable but she lives north of the river. Former trainer Marie said she might be interested, however it was agreed that she is not reliable and cannot be contacted easily.	

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	<p>Ken has agreed to send the 'Employment Opportunity' flyer to both Murdoch and Notra Dame University. Elizth to provide Ken with the flyer.</p> <p>Nola will ask Celina if she knows of fellow students who may be interested in the part time employment opportunity.</p> <p>Ken and Debbie have prepared some warm up protocols to assist the Session Coordinators who are called upon to fill in when there is no trainer available. These were handed to Nola to circulate to the Session Coordinators to read. They should then be filed in the <b>Trainers Information</b> folder for use when the need arises.</p> <p>Nola said Marie has at last returned the 'cupboard' key and Nola said would like to retain the key for emergency situations. Deb said there is one remaining key which is stored in the cupboard</p>	<p>Elizth</p> <p>Nola</p> <p>Nola / Ken</p>
<b>8</b>	<b>Trainer's Report</b>	
	<p>Deb thanked Nola for being so supportive when the Trainers have been absent and stand-ins needed to be located.</p> <p>Deb said she wants to have a 'Runner Up' medal for the Monthly Best Runner Award and will locate a suitable medal for this purpose.</p> <p>The HBF Run for a Reason program is ready for anyone who wants to participate in this run</p> <p>Deb requested that we bring forward a scheduled June off-site session from June to the <b>20 May</b> instead. This offsite session will be at Manning Park, with a BYO breakfast picnic in the park afterwards. Deb will try and arrange for a Coffee Kart to be at the park. All agreed to relocate the offsite session to 20 May</p>	
<b>9</b>	<b>Social Report</b>	
	<p>Ann provided her Social Report</p> <p>The 20<sup>th</sup> birthday celebration has been scheduled for <b>Sunday 23<sup>rd</sup> July</b>, so that Chris will be able to attend. A 'mystery' venue has been booked for lunch and a bus has been booked to transport everyone there and back again. There was some discussion on where the bus could collect people but no decision was made. Ann said a flyer will go out to all members very soon.</p>	
<b>10</b>	<b>General Business</b>	
	<p>(a) <b>First Aid Kit</b> – a recent incident found the kit to be very depleted. Julie Stewart-Dawkins asked her employer Dr Gebauer if he would restock the kit and this has been done. Elizth volunteered to complete an itinerary of the contents. Susan Hawkins researched a First Aid Back Pack (with contents) that can be purchased online for \$160 or thereabouts. All agreed that this was an excellent idea as the pack could be taken on bush walks and would be mobile enough to take to an incident scene near Troy Park. All agreed that Elizth should go ahead and purchase this back-pack. A procedure has been devised where the first aid kit contents and expiry dates are checked by the trainers on a 6 monthly basis and Susan has volunteered to oversee that this is being done.</p> <p>(b) <b>Troy Park Association</b> – Elizth has been in touch with the new committee</p> <ul style="list-style-type: none"> <li>• To complain about rubbish left behind after a cricket club windup. This has been dealt with by the Association</li> <li>• A fete was held at Troy Park last Saturday and the Troy park committee apologised for not letting Y Striders know that there would be a lot of activities going on, including bouncy castles, fairy floss machines and very loud music. In future Y Striders will be notified.</li> </ul>	<p>Elizth</p> <p>Elizth</p>

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	<ul style="list-style-type: none"> <li>• A new cleaner has started after the session on Tuesday 4<sup>th</sup> April and will continue on a fortnightly basis during the winter and on a monthly basis in the summer.</li> <li>• The new and enthusiastic Troy Park Association would like to include Y Striders, the netball club and the cricket club in some of their activities – for instance a cocktail party, open days and their discussions for developing and building new club rooms.</li> </ul> <p>(c) <b>Current Trial Member – Martin King</b> – the trainers have raised concerns that Martin’s heart rate goes up to 200 when he exercises but he refuses to slow down or to heed their advice. Since this issue was raised, Chris and Ken have been monitoring his progress and have suggested that he gets his Doctor’s approval to continue exercising but Martin has not done this. His free trial has now expired so it was suggested that at the next Saturday session, he trains under Debbie’s supervision and uses one of the heart monitors. If Debbie notes that Martin still has heart rate issues, then he is to sign the following statement on Page 4 of his Membership Application Form. <i>“While exercising, I am aware that my heart rate is high but I believe I am able to perform all activities and would like to continue with Y Striders”.</i></p> <p>(d) <b>Current Trial Member – Lisa.</b> It was agreed that Lisa has not been given a good start at the club, the first day was torrential downpour, other days she has had stand in trainers and now she is away during school holidays. It was agreed that she should be provided with a 4 Week Free Trial Pass that commences after the school holidays on <b>24<sup>th</sup> April.</b></p> <p>(e) <b>Easter Saturday and Monday</b> – Elizth said that Julie or Ros usually see to the Hot Cross buns on Easter Saturday but Julie is away and Ros is unable to do it this time. Faye has kindly agreed to order 4 dozen buns and to provide butter and knives. Bob Greenwell can be asked to collect the buns.</p> <p style="padding-left: 40px;">Ken will fill in for Debbie on Easter Saturday</p> <p style="padding-left: 40px;">There will be no session on Easter Monday</p>	
<b>11</b>	<b>Any Other Business</b>	
	No other business	

**NEXT MEETING TO BE HELD ON WEDNESDAY 21<sup>st</sup> JUNE 2017**

I hereby certify that these minutes have been reviewed and are correct

**PRESIDENT or MEETING CHAIR**

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NAME

SIGNATURE